

Catch the North Pole Express

Walk 138 miles - the distance between the studio and the North Pole Express in Owosso, MI - between December 1st and December 23rd to WIN!

Record your steps with your pedometer of choice.

Pedometers may be purchased from the studio for just \$5 each.



Prizes will also be awarded for 2nd and 3rd place winners.

It's **ONLY** 12,000 steps per day!

Start Moving

JULIE'S **FITNESS** **STUDIO**

TO INSPIRE, MOTIVATE & CREATE A BETTER YOU

WWW.JULIESFITSTUDIO.COM

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